

Rants and Raves – Technology

Audio Script

M1: I have to work with computers and phones *all* the time in my work, either sitting in front of a screen or living by the apps on my mobile. I think the number of voice-to-voice phone calls has gone down a lot in the last few years, but with Facebook, Twitter, and so on, I feel sort of chained to technology the entire length of the working week. So when the weekend comes – and I'm afraid for me that's Saturday morning, not Friday night – there's nothing I like better than switching off the computer, the mobile and the landline and enjoying real peace and quiet. We live near to some fields and open country, and I can listen to the birds sing, go for long walks, maybe drop in at our local pub and have a drink with some of the locals. It's not exciting, I grant you, but it's very relaxing and helps me remember I'm a human being, not a part of some computerised machine. Of course, by Sunday night I'm already thinking about the working week ahead, but never mind. I've had those two days to recharge my batteries, as they say.

1'14

Contributed by

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