There are many kinds of beans in the world. Beans are seeds inside pods. Sometimes there's 1 seed in a pod, sometimes there are 2, 3, 4, 5, 6, 7 or 8 seeds. Bean pods grow on beanstalks.

Follow instructions A or B to grow your own beans!

**Instructions A**

**Equipment:**
- an old jar
- 6 paper towels
- some water
- 6 dried beans

1. Fold up the paper towels.
2. Put the towels inside the jar.
3. Add 3 centimetres of cold water.
4. Put the beans between the paper towels and the jar.
5. Leave in the sun for 1 week.
6. Can you see the roots of the beans?

**Instructions B**

**Equipment:**
- a plant pot
- some soil
- 6 dried beans
- some water

1. Put some soil in a plant pot.
2. Push the beans 2 centimetres into the soil.
3. Add some cold water.
4. Leave in the sun for 1 -2 weeks.
5. Can you see any leaves?
6. Watch the beans grow bigger and bigger every week!