

This year I ...**worksheet 1**

1. What do you think the seven most popular New Year resolutions are? Number them.
Compare with a partner.

watch less TV	save more money	go travelling	redecorate the house
buy a tablet	spend less time on Facebook		read more books
do something for charity		sell stuff I don't need on eBay	
eat less chocolate	spend more time with my kids		change my hairstyle
leave work on time	go to the gym more	lose weight	take better photos

2. What are your resolutions for the rest of the year?

This year I

This year I

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3. Homework: Think about your resolutions carefully. What can you do to achieve them? Try to think of at least THREE things.

Example: *This year I'm going to save more money. I'm going to write down all the money I spend every day. I'm not going to spend ...*

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