Lesson plan: It is in your hands now

**Topic**
Mandela Day

**Aims**
- To develop integrated skills: speaking and reading around the topic of Nelson Mandela and Mandela Day

**Age group**
Upper secondary

**Level**
B1/B1+

**Time**
60 minutes

**Materials**
1. Vocabulary pre-teaching exercise
2. Pre-reading discussion and prediction
3. Reading comprehension
4. Discussion and class presentation

**Introduction**
This lesson is topical for July as Mandela Day is celebrated on July 18th. On Mandela Day, people aim to give 67 minutes of their time to helping others (to celebrate the 67 years of service of Mandela’s life. Students will learn about Mandela and then discuss ideas for projects to help others. You could take this forward with your class so that they actually choose one project and do it, then write about it later.
## Procedure

<table>
<thead>
<tr>
<th>Pre-teaching vocabulary and prediction (5 minutes)</th>
<th>Give out worksheet 1. Students work individually to match words and meanings, then compare in pairs. Go through in class and ask them to guess who the text they are going to read might be about.</th>
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<tbody>
<tr>
<td>Lead-in Discussion (5-10 minutes)</td>
<td>• Put students in groups of 3 – 4 and give out worksheet 2. Ask them to discuss the questions and write down answers. Collect suggestions from the class.</td>
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<tr>
<td>Read for Main Meaning (5-10 minutes)</td>
<td>• Give out worksheet 3, the reading text. Ask students to read through and see if their answers were right. They should discuss their findings in their group, then go through the answers with the class.</td>
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<td>Read for more detail (10 minutes)</td>
<td>• Student read through again and put events on the timeline. They compare in pairs then go through the answers with the class.</td>
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<td>Follow up discussion (15 minutes)</td>
<td>• Put students in groups of 6-8. Give out worksheet 4. Get them to brainstorm ideas for what they could do for Mandela Day. They should be prepared to present their ideas to the class.</td>
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<tr>
<td>Presentation (15 minutes)</td>
<td>• Get each group to present a short summary of their ideas to the class.</td>
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<td>Optional Follow-through</td>
<td>• Choose one idea and get the class to work together to put it into practice for July 18th</td>
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### Contributed by

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