

TeachingEnglish lesson

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# Food issues

April 2020

# Food issues



Name your favourite food or the food you last ate; you have two minutes (write in the chat box)

1. Soup
2. Pizza
3. Chicken roll
- 4.
- 5.



Which of these foods are healthy and unhealthy? Why?



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## Prediction Task

What do you know about the food in the UK?



How many children in the UK each lunch prepared at school?

- A. About a third
- B. 90 %
- C. Half



What is the favourite snack in the UK?

- A. Chocolate
- B. Crisps
- C. Fried chicken

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## Reading for gist

You are going to read an article **Food Issues: Snack culture**.

1. Read the full article here:

<https://learnenglishteens.britishcouncil.org/uk-now/read-uk/snack-culture>

2. Make notes about the information in the article. This might include:

- Numbers or amounts, e.g. ‘64 per cent of under-20-year-olds snack between meals’
- Names of people, e.g. ‘The flavour was suggested by Emma Rushin of Belper, Derbyshire’
- Words or expressions that are unusual or new to you.



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 **What do you remember about the article?**

**Use the notes you made**

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## Test your memory



**Think about the information in the text you have read. Are the sentences below true or false?**

- British people eat fewer snacks than other Europeans.
- Crisps are usually made from potatoes.
- There was a competition in the UK to find new tastes for Crisps.
- The winner of the ‘Do us a flavour’ was squirrel flavour.
- You can buy chocolate at a news agent’s in Britain.
- All schools have machines that sell unhealthy snacks.

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## Reading for specific information Snack culture

### Answers










- British people eat fewer snacks than other Europeans. **FALSE**
- Crisps are usually made from potatoes. **TRUE**
- There was a competition in the UK to find new tastes for Crisps. **TRUE**
- The winner of the 'Do us a flavour' was squirrel flavour. **FALSE**
- You can buy chocolate at a news agent's in Britain. **TRUE**
- All schools have machines that sell unhealthy snacks. **FALSE**

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## Speaking Task

Choose an item from the grid and speak for a minute

|   |  |   |  |   |  |
|---|--|---|--|---|--|
| 1 |   | 2 |   | 3 |   |
| 4 |   | 5 |   | 6 |   |
| 7 |  | 8 |  | 9 |  |

1. Your favourite snack, why are they healthy?
2. Food and drink vending machines are helpful, why?
3. Different food every day for school children, good or a bad idea?
4. How to ensure there is enough food for everyone in the future?
5. Who should solve the hunger problem in the world?
6. Most important mean of the day and why?
7. How can you avoid junk food?
8. Why is chocolate good for health?
9. What are the benefits of eating fruit?



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Thanks for attending the lesson