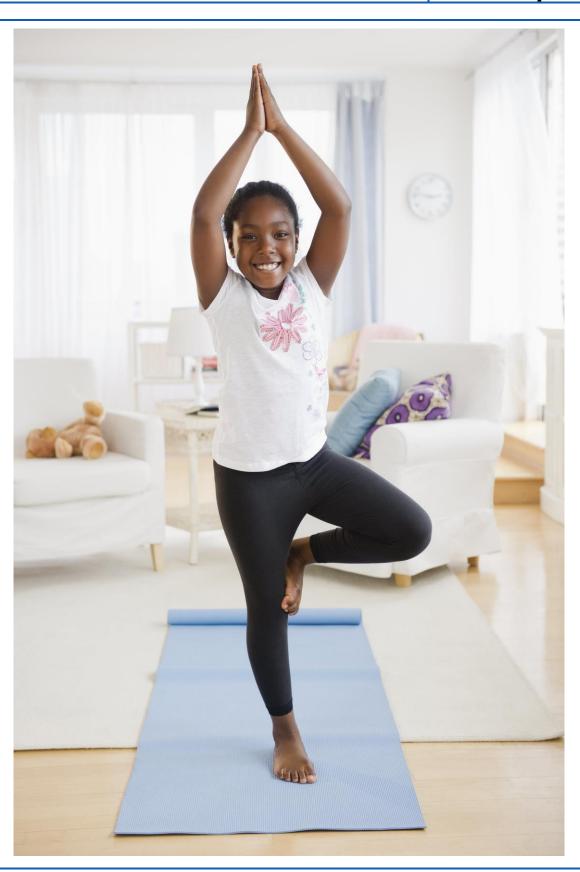


Teaching **English**

Lesson plan

Yoga and relaxation

Tree pose



www.teachingenglish.org.uk

© British Council 2022 The United Kingdom's international organisation for educational opportunities and cultural relations. We are registered in England as a charity.